

# Community Food Volunteer

**Time Commitment: 4 - 6 hours per week (One day)**

## Role Description:

An excellent opportunity for someone interested in learning more and developing their skills in the world of 'Community Food'. Work alongside our experienced Community Food Officer and help support our community food activities to locals in Wester Hailes and the Calder.

## Main Tasks (may vary on the skills of the candidate)

- Supporting the Community Food Officer and volunteers to work together to develop, deliver and facilitate community food activities such as cooking workshops, community meals and support our new food pantry (tbc).
- To inspire and influence local people to eat more locally grown food, eat more seasonably and adopt more healthier, sustainable diets.
- To support the team with delivering community meals and outdoor picnics in our community gardens.
- Support the local community by providing relevant local food opportunities.



## Skills & Experience:

- Good communication skills, high enthusiasm and energy.
- REHIS Food Hygiene Level 2 (We can provide you with training!).
- Knowledge & experience in nutrition, the healthy eating principles & a passion for a healthier diet & lifestyle.
- Empathy and understanding of those who may experience food insecurity/poverty.
- Ability to work as part of a small team.

## What we can offer you:

- Learn and try new things and develop new skills!
- Build your confidence and skills in working with local communities.
- Gain work experience and add to your CV.
- Meet new people or make new friends.
- Support the Local community.
- Travel expenses paid.